



## In-Office Pre-Op General Anesthesia Instructions

***Not following pre-op instructions may result in the need to reschedule the appointment***

- You will be given an appointment time for your child's surgery. Please make sure you are **AVAILABLE** from **6am – 1pm** on the day of your child's surgery as you may be called in early.
- ***YOUR CHILD MUST FAST (NO FOOD OR DRINK) FOR 8 HOURS BEFORE THE SURGERY APPOINTMENT.*** While under GA, anything in your child's stomach may come up into the mouth and then inhaled back into the lungs causing ***choking/aspiration***. This is a very serious complication which can be easily avoided by following the fasting rule. If your child accidentally eats or drinks on the day of surgery, please let us know ASAP. We will notify anesthesia, and they will decide if it's safe for your child to proceed.
- On the day of surgery, a ***PARENT OR LEGAL GUARDIAN*** must accompany your child to the clinic. Consents need to be signed, and this ***MUST*** be completed by a legal guardian. This person should remain in the building during your child's time here. If you have other children that you need to bring to the appointment it is ***RECOMMENDED*** to have another adult present as your child will need direct care after the appointment is complete.
- On the day of surgery, your child will be evaluated by the anesthesiologist. If your child has recently had a ***fever, congestion, and/or vomiting*** they may be rescheduled due to illness. The anesthesiologist will decide if it safe for your child to proceed.
- Please make sure your child is dressed in ***COMFORTABLE, LOOSE CLOTHING***. An IV and Monitors will be placed on the ankle/legs and the area will need to be accessible. Please ***AVOID*** tights, footed onesies/pajamas, or any other tight clothing.
- If your child takes medication regularly, please notify the Doctor ahead of time to ensure it is safe to take the medication before surgery. During surgery, your child will be given medication to manage pain. After surgery, ***TYLENOL/IBUPROFEN*** may be recommended. Having supplies on hand before surgery may help avoid a trip to the store post-surgery.

If you have any questions or any concerns, please call us at 1-855-433-6825  
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